



PILATES

JEN McWALTERS STUDIO

Jen McWalters Pilates Teacher Training Application

Instructions for applying for Part I:

Please mail or bring this completed application to the Jen McWalters Studio, 1005 Main Street, Suite 111, Pawtucket, RI, 02860. Payment for Part I, The Pilates Immersion, is due at the time of application. The cost is \$2000. This includes 35 private sessions on the apparatus, 35 Mat classes, and a discount on our workshop with master teacher Cara Reeser, which will be held on the weekend of May 16th and 17th, 2009.

All information is kept strictly confidential. A completed application indicates that you have read, understand, and agree to the requirements for the teacher-training program. **Attendance is 100% mandatory to receive your teaching certificate.** We will contact you within one week to confirm that you have been accepted into the Teacher Training program.

Yes No
Signature and date

Dates for Part II, Teacher Training Fall 2009 TBA

Personal Profile – Please print legibly and attach photo

Name

Mailing Address

Daytime Telephone

Evening Phone

Cell Phone

Fax

Email address

Occupation

Birthdate

Gender: Male Female

Emergency contact
(name, telephone)

Application Questions:

1. Please list previous Pilates experience (length of time, specific teachers, methods, other studios)
2. Please list other relevant training, and any other physical activities that you take part in.
3. Why are you interested in this Teacher Training course?
4. What are your expectations for this training?
5. Upon completion of training, would you be interested in working at JMS?
6. Please tell us about your physical health (illnesses, surgeries, injuries, potential pregnancy).

7. Are you currently taking medications? Please describe.

8. Please describe your health, diet and exercise practices, and beliefs.

9. Please tell us a little about your hobbies, activities, and interests

10. Are there other facets of your life that you would like us to know about?